



UA COMBINE is a first of its kind, 1-day training competition for athletes from any sport or training discipline, to benchmark their performance against other athletes in their country and compete head-to-head to prove that Under Armour makes you better.

Competing athletes will put themselves through the 8 toughest tests our sports scientists can devise, challenging their agility, stamina, vertical, power, endurance, strength, speed, and cognition. Points will be earned for each completed test and athletes will be ranked according to their result. At the end of the competition, one man and one woman in each country will be crowned the Champion for Combine 2022.

**Date: Saturday, 3<sup>rd</sup> September 2022**

**Venue: Spacerubix (formerly IM4U Sentral)**

**Address: Jalan TPP 1/7, Taman Perindustrian Puchong, 47100 Puchong, Selangor,**

**Type: All-weather, indoor/outdoor**

**Live Event: 10:00 – 18:00**

### **DIRECTIONS**

**By Car:** On-site parking is free of charge and available on a first-come-first-served basis. For WAZE, use IM4U SENTRAL

**By Train:** The closest train station is Taman Perindustrian Puchong (LRT)

### **FOOD & DRINK**

Bottled water and a selection of food and drink will be available for purchase on-site.

# FAQ

## HOW MUCH DOES IT COST TO COMPETE?

Due to the limited number of spaces available at UA COMBINE 2022, a commitment fee will be required at the time of online registration.

- SINGAPORE SGD 100
- MALAYSIA USD 70
- THAILAND USD 70
- AUSTRALIA AUD 100

## CAN I COMPETE IN A DIFFERENT COUNTRY THAN THE ONE I LIVE IN?

No. You must be a legal resident of and physically located in the country where the Competition is held.

## WHAT IS THE MINIMUM AGE REQUIREMENT FOR COMBINE?

UA COMBINE participants must be at least 18 years or older at time of registration.

## HOW DO I ENTER AS A TEAM?

Find some friends to compete with and create a team of four (4). All teams must have 4 people. All athletes in the team must be officially registered as individual competitors in either the Men's or Women's divisions. All four team members must be present at check-in at least 60 minutes before the competition start time to register the team.

Each athlete will receive a score for their division. The four scores will be averaged to produce a team score.

## WHAT SHOULD I WEAR?

Wear what you would normally wear to the gym or for a training session. When you check in on-site at the event, you will be given a Competitor Pack containing Under Armour gear for you to compete in including shoes, socks, shorts and a top, based on the sizes you provided during the registration process.

Changing rooms and lockers will be provided at the event. You are required to wear the Under Armour gear from your Competitor Pack when you take part in the competition.

## CAN I USE WRIST STRAPS, GLOVES OR CHALK?

No. Straps or gloves are not allowed in the competition. Chalk will be provided for certain exercises.

### **CAN I BRING A FRIEND, FAMILY MEMBERS OR SUPPORT CREW?**

Yes, but make sure they are registered as a spectator via the website so we know they're coming. Spectator registration is free of charge but some venues have limited capacity so all spectators must pre-register for the event. Spectators who show up unregistered on the day may be unable to enter if the venue is full.

### **WHAT TIME SHOULD I GET THERE?**

Arrive at least 45 minutes before the start of the competition for your division, to check in, change into your UA gear, warm up and get in the zone. You only have 90 minutes to complete all 8 tests so you don't want to burn that time with preparation.

### **WILL THERE BE MEDICAL ASSISTANCE ON-SITE?**

Yes. An ambulance and full paramedics crew will be at the event to handle any injuries or accidents that may occur. If you have an existing medical condition or injury that you think we should know about, please tell one of the Judges or Event Crew before you start the competition.



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